

# PROGRAMME

## 9.00 am – Bean Bus /Bike to Barna

Shuttle bus and biking to The Barna Way

Meet: Library Car Park, Kit Ahern Road, Ballybunion

## 9.15-9.45 am – Registration with Tea / Coffee & Bean Snacks

Venue: The Shebean

## 9.45-10.00 am – Staying Rooted: Grounding Meditation

Marta O Connor

Venue: The Pod

## 10.00-10.15 am – Welcome: Programme For The Day

Grainne Toomey (Brilliant Ballybunion) & The Bean Team

Venue: The Pod

## 10.15-11.30 am – Why Beans? The 'Benefits' For Soil, Community and Climate

Dr Lily Toomey, Dave Beecher, Gabriel Coleman

Venue: The Pod

## 11.30-12.00pm – Break With Tea / Coffee & Bean Snacks

Venue: The Shebean

## 12.00- 13.00pm – Bean Trail: Tour of the Land

Rena Blake / Sailhymn / Antoinette O Sullivan

Meet: Woodland Walk / Entrance

## Pulse of Life: Beans and Nutrition

Heike Seegebarth

Venue: The Barn

## Lazybean – Chill Out Zone

Living and Reading Room

Venue: The Shebean

## 13.00-14.00 pm – The Barna Bowl - Bean Lunch with Rituals of Plate

Steph Sheahan

Venue: The Pod



## 14.00-14.30pm – The Bean Chronicles: World Premiere

Marta O Connor and the BeanTeam

Venue: The Pod

## 14.30-15.30pm – The Melting Pod: Beans From Around the World

Theresa Elumelu (Tralee International Resource Centre), Dr Clare Watson and

Lisa Fingleton, Polina Serohina, Oleksandr Levochko

Venue: The Pod

## 15.30-16.00pm – Break With Tea / Coffee & Bean Snacks

Venue: The Shebean

## 16.00-17.00pm – Saving and Sprouting Beans

Billy Jo O Connor (Leagh Farm)

Venue: Vandana (Pollytunnel)

## Bean Trail: Tour of the Land

Rena Blake / Antoinette O Sullivan

Meet: Woodland Walk / Entrance

## Bean Screen

Film Screening / Exhibition Space

Venue: The Barn

## Lazybean – Chill Out Zone

Living and Reading Room

Venue: Shebean

## 17.00-18.30 pm – Full of Beans: Feast

Dr Lily Toomey

Venue: The Pod

## 18.30-19.30 pm – Sailhymn In Concert

Venue: The Pod

## 19.30-20.00pm – Bean Bus /Bike to Ballybunion

Shuttle bus and biking

Return To: Library Car Park, Kit Ahern Road, Ballybunion



Please Note : Programme May Be Subject To Change

For Full Details: [www.brilliantballybunion.com](http://www.brilliantballybunion.com)